

YUTAN DISTRICT NEWSLETTER

MARCH 2016

Mar 02	Post Prom Mtg.	6:00
Mar 04	NO SCHOOL	
Mar 04	HS Musical	7:00
Mar 07	JH Pre-Contest Vocal & Instrumental Recital	TBA
Mar 07	ECNC JH Quiz Bowl @Conestoga	10:00
Mar 07	Fine Arts Booster Mtg.	6:00
Mar 09	Parent/Teacher Conf.	
Mar 10	Parent/Teacher Conf.	
Mar. 10	End of 3rd Quarter	
Mar 11	NO SCHOOL	
Mar 12	District Speech	
Mar 14	Reg. Board Mtg.	6:00
Mar 17-18	Malcolm Music Contest	
Mar 19	All-State Band @Kearney	
Mar 19	YHS Prom	7:00
Mar 21	SH Quiz Bowl @Conestoga	10:00
Mar 22	ECNC Art Clinic @Mead	
Mar 23	State Speech	
Mar 25	Easter Break-NO SCHOOL	
Mar 28	Easter Break-NO SCHOOL	

March 14 – St. Patrick's Day



PLEASE VISIT OUR WEBSITE FOR INFORMATION ON THE FOLLOWING www.yutanpublicschools.com

ADMINISTRATOR CONTACT INFORMATION

Superintendent's Office Phone#: 402-625-2243

Elementary Phone #: 402-625-2141

High School #: 402-625-2241

Stan Hendricks, (Superintendent) stan.hendricks@esu2.org

Trevor Hoegh, (Elementary Principal), thoegh@esu2.org

Tim McNamara, (High School Principal), tmcnamara@esu2.org



MARCH LUNCH MENU

Mar 1 st	BBQ Pork on Bun, Seasoned Potato Wedges, Pears, Brownie
Mar 2 nd	Tater Tot Casserole, Green Beans, Mixed Fruit, Breadstick
Mar 3 rd	Taco Salad w/Lettuce and Cheese, Pineapple, Sugar Cookie
Mar 4 th	NO SCHOOL
Mar 7 th	French Toast, Sausage Links, Applesauce, Tri-tater Bar
Mar 8 th	Ham and Au Gratin Potatoes , Peas, Pears, Roll
Mar 9 th	Chicken Noodle Soup w/Crackers, Grilled Cheese Sandwich, Peaches, Vegie Stix
Mar 10 th	Hoagie on Bun, Potato Chips, Apple, Broccoli
Mar 11 th	NO SCHOOL
Mar 14 th	Chicken Strips w/BBQ Sauce, Curley Fries, Pineapple, Rice Krispy Bar
Mar 15 th	Cheeseburger on Bun, French Fries, Peaches, Applecrisp
Mar 16 th	Pizza Hut Pizza, Salad, Pears, Cake
Mar 17 th	Chicken Fried Steak, Mashed Potatoes, Corn, Mixed Fruit, Roll
Mar 18 th	Spaghetti w/ Alfredo Sauce, Green Beans, Mandarin Oranges, Ice Cream
Mar 21 st	Burrito, Tater Tots, Applesauce, Chocolate Chip Bar
Mar 22 nd	Chicken and Gravy, Mashed Potatoes, Peas, Peaches, Roll
Mar 23 rd	Frito Chili Pie, Corn, Pineapple, Cinnamon Roll
Mar 24 th	Sloppy Joe on Bun, Crinkle Fries, Pears, Jello
Mar 25 th	Easter Break
Mar 28 th	Easter Break
Mar 29 th	Beef Sticks w/BBQ Sauce, French Fries, Peaches, Pudding
Mar 30 th	Chicken Patty on Bun, Curley Fries, Mixed Fruit, Cookie
Mar 31 st	Turkey and Gravy, Mashed Potatoes, Green Beans, Pineapple, Roll



PARENT CONFERENCES

At High School & Elementary School

March 9th & March 10th

4:00 to 8:00 PM





Elementary



ELEMENTARY TRACK AND FIELD DATES

Please mark your calendars! We have set the elementary track and field dates and times for May. We will use May 19th and 20th for possible rain dates. Dates, grades, and times are listed below:

May 16th : 1st and 2nd grade, starting @ 10:30

May 17th : 3rd and 4th grade, starting @ 10:00

May 18th : 5th and 6th grade, starting @ 9:30

***Rain dates May 19th and May 20th**

Yutan High School Career & College Planning Timeline of Important Dates

MARCH

Spring 2016

March 4th

College Visit – Sophomores with O’Malley

Deadline to register for April ACT

March 4th & 11th

NO SCHOOL

March 15th

Juniors take ACT exam at Yutan Public Schools

Mar. 25th-27th

NO SCHOOL- SPRING BREAK

APRIL

April 9th

ACT Exam

April 13th

UNL College Access Day – 8th graders with O’Malley

April 22nd

NO SCHOOL

May 6th

Deadline to register for June ACT

May 14th

Graduation

May 24th

Last day of School

JUNE

June 11th

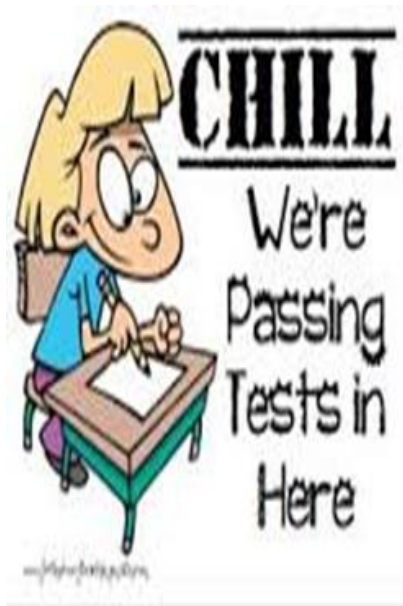
ACT Exam



VFW.... Congratulations to John Grinvalds

representing Yutan High School and VFW Post 9844 in his second place finish at the Voice of Democracy state competition. Mr. Hank Sauer, VFW spearhead of the Voice of Democracy and the Patriot's Pen programs, remarked that Mr. Grinvald's theme of "My Vision For America" was a work of art and brought tears to his eyes. GREAT JOB JOHN!

PROM---- The 2016 Prom is fast approaching. Saturday, March 19th is the date to mark on your calendars. Doors open at 6pm and the Grand March begins at 7pm. As always, breathalyzers will be administered at the door and later in the evening upon entering the after Prom party in the High School. A special thanks to the parents who work so hard to make the evening safe and fun for the CHIEFTAINS!



NeSA Testing --- All students in grades 7,8 and 11 will take part in the NeSA tests during the months of March and April. Core areas of science, math and reading will be assessed. These tests are a great opportunity to examine our students' competency in these core areas as they relate to the state standards. Yutan traditionally scores well and ranks high amongst area schools.

Did You Know? The Yutan Chieftains in 2014-15 averaged a score of **23.1** on the ACT exam. *That is the top average of eleven conference schools!* Other ECNC top performers were Louisville at number two, scoring 23.0 and Conestoga at number three, scoring 22.6. CHIEFTAINS are number one in our hearts and on the ACT SCOREBOARD!

SPRING SPORTS ACTIVITIES

WRESTLING

03-01	4:15	JH Invitational	Blair
03-05	9:30	JH Invitational	Norris HS
03-08	4:30	JH Invitational	Raymond Central HS
03-12	1:30	JH Tournament	Ashland
03-15	TBA	ECNC JH Tournament	Weeping Water

JH GIRLS BASKETBALL

03-01	5:00	Yutan vs. Raymond Central	Raymond HS
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VARSIITY TRACK

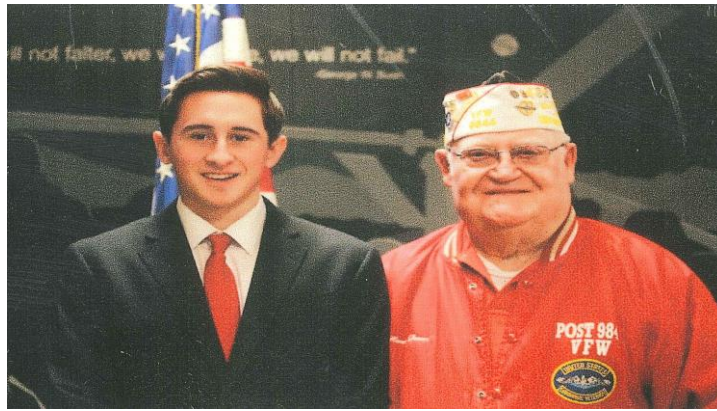
03/18	9:00	Concordia Indoor	Seward, NE
03/24	4:00	DC West Triangular	Douglas County West HS
03/29	3:00	Yutan Relays	Yutan High School
04/05	10:00	DC West Invite	Douglas County West HS
04/12	1:00	Yutan Invite	Yutan High School
04/21	1:30	Bennington Invite	Bennington High School
04/26	1:30	Fort Calhoun Invite	Fort Calhoun High School
04/30	10:00	ECNC Meet	Auburn High School
05/03	9:00	Fr. Bergan Invite	Fr Bergan High School
05/06	2:00	Arlington Invite	Arlington High School
05/12	TBD	Districts	North Bend High School

JV TRACK

04/02	10:00	Tek-Herman JV Invite	Tekamah, NE
04/07	2:00	Yutan JV Invite	Yutan High School
04/19	4:00	Wahoo JV Invite	Wahoo High School
04/26	2:30	Fremont JV Invite	Fremont Senior HS

JH TRACK

04/14	12:30	West Point Invite	West Point High School
04/19	4:00	Yutan 6 Team	Yutan High School
04/28	3:00	Yutan 8 Team	Yutan High School
05/03	1:30	Yutan Invitational	Yutan High School
05/06	10:00	ECNC	Freeman High School
03/17	(V)4:30/(JV)6:30	Crete	Ashland
03/18	(V)4:30/(JV)6:30	Guardian Angels CC	Legion Ballfield
03/19	(JV)11:00/(V)1:00	Omaha Bryan	Legion Ballfield
03/21	(JV)4:30/(V)6:30	Omaha South	Omaha South
03/22	(V)4:30	Waverly	Waverly (Wayne Park)
03/22	(JV)4:30	Waverly (Double Header)	Ashland
03/29	(V)4:30/(JV)6:30	Seward	Ashland
03/31	(V)4:30/(JV)6:30	Douglas Co. West	Douglas Co West HS
04/01	(V)4:30/(JV)6:30	Nebraska City	Nebraska City HS
04/02	(V)11:00/(V1:00)	Norfolk	Norfolk
04/04	(JV)5:00	Fr Bergan (Double Header)	Fr. Bergan HS
04/05	(JV)4:30	Gretna	Ashland
04/07	(JV)4:30/(V)6:30	South Sioux City	Legion Ballfield
04/09	(V)9:00	Platte Valley Invitational	Legion Ballfield
04/09	(JV)4:30	Triangular	Arlington Ballfield
04/11	(V)4:30/(JV)6:30	Mt Michael Benedictine	Legion Ballfield
04/12	(JV)4:30/(V)6:30	Fort Calhoun Community	Ft Calhoun Ballfield
04/15	TBD	Capitol Conf. Tournament	Arlington HS
04/16	TBD	Capitol Conf. Tournament	Arlington HS
04/18	(V)4:30/(JV)6:30	Platteview Jr.-Sr.	Platteview JR-SR HS
04/21	(JV)4:30/(V)6:30	Norris	Ashland
04/25	(JV)4:30/(V)6:30	Roncalli	Roncalli
04/26	(V)4:30/(JV)6:30	Arlington	Legion Ballfield
04/30	(JV)11:00/(V)1:00	Wayne	Legion Ballfield
05/03	(JV)4:30/(V)6:30	Bennington	Bennington HS



GRINVALDS PLACES SECOND IN STATE CONTEST

By Emily Pogue

Our country started out with freedom. It started out as a country known for its bravery, honor, liberty and compromise. Today, our country loses itself in the differences of politics.

Junior John Grinvalds explains these ideas in an essay he wrote for his English class. Grinvalds' essay was entered in the Voices of Democracy contest, sponsored by the VFW of Nebraska. The theme for this year was "My vision for America."

Grinvalds was chosen along with nine other students, grades 9-12, to travel to Lincoln and meet Gov. Pete Ricketts.

"I was happy to say the least," Grinvalds said. "I forgot about the paper until veteran Hank Sauer came into my eighth hour class and told me I was going to Lincoln and possibly to nationals."

English teacher Laurie Souza had her juniors write essays for the contest.

"There was no doubt in my mind John's essay was great to say the least," Souza said. "I was excited for him when I found out he was chosen to go to Lincoln."

Grinvalds competed with approximately 1,200 other students in the state of Nebraska to make it to Lincoln.

The 10 students were able to be present when the state legislature was passing a bill.

"It was surprisingly entertaining," Grinvalds said. "One of the guys had to read the whole bill, and he sounded like a really bad auctioneer."

Grinvalds, his mother, father and brother attended lunch in the governor's mansion along with the nine other candidates and their families. Each of the 10 students received an award.

They placed 1-10, and each student received a cash award generously donated by the VFW. Tenth place received \$200, second received \$1,200 and first received \$2,000 along with going to nationals in Washington, DC. Grinvalds received the second-place award.

"I was getting nervous, especially because they said the VFW districts first," Grinvalds said. "I was district nine, and when they called me at second, I was honored but slightly disappointed."

Grinvalds is always reaching for the stars in everything he does, and this may be why he was disappointed with getting second.

"I was so close to going to nationals," Grinvalds said. "I think second is the hardest place to get, since it's right up there with first."

Grinvalds' vision for America is not to lose ourselves in politics, but find ourselves and embrace our differences.

ITALIAN GIRL JOINS JUNIOR CLASS SECOND SEMESTER

By Madison Davis

Coming to a new country can be a scary experience for anyone, with all new foods, languages and people.

Martina Bonapace, 17, is a foreign exchange student from Verona, Italy, living in Ashland, Neb. with her host mom, Melissa McReynolds.

“I like Nebraska and living here,” Bonapace said. “There’s a lot of big, flat open spaces, and we don’t have that in Italy.”

The idea about being a foreign exchange student came from her dad, who was an exchange student in England.

Bonapace said that she decided to be a foreign exchange student because she wanted to improve her English, travel and live the experience.

In order to be a part of the program, Bonapace was required to fill out an application, write a letter to her future family and receive some injections.

The exchange program decided on whom she would be staying with and told her all about where she was going and what her family was like.

While she has been here, Bonapace said that school in America is a lot different from school in Italy.

“Here I have to change classrooms,” Bonapace said. “In Italy the teachers are the ones who change classrooms and we only have a six-hour day.”

Bonapace said that in Italy they go home to eat lunch, and after school they have to study until they go to bed.

“My hardest class I am taking now is Algebra II,” Bonapace said. “In Italy we are not allowed to use calculators so it is a big problem for me.”

With all the new things Bonapace is experiencing, she said that her favorite thing so far is the sports.

“I like your sports here because we can’t do anything in the afternoon in Italy,” Bonapace said. “We have to go home and study for hours.”

After about a week of being here, Bonapace decided to join the girls basketball team in order to stay in shape. She goes to every practice and attends every basketball game.

Junior Haleigh Wuster was assigned to help Bonapace around the school and she quickly got to know her.

“Martina was a little shy at first,” Wuster said. “But after a couple of days she broke out of her shell and it was like she had known us her whole life.”

Bonapace has easily made many new friends here, including the whole basketball team.

“I love basketball and the basketball team,” Bonapace said. “I think that they are a very good team and they are all really nice to me.”

Despite all the excitement of making new friends and experiencing new things, Bonapace said that she still misses her family back home.

In order to stay in touch, Bonapace uses Skype and FaceTime while she is at school because there is no wifi at her house.

Bonapace will know in February when she goes back.

Before leaving the United States, Bonapace said that she would like to visit New York, Washington D.C. or Chicago.

“We introduced her to Texas Roadhouse and took her dress shopping for prom,” Wuster said. “We hope to take her to as many places as possible so she can experience as much as she can.”

HEBENSTREIT PLAYS MULTIPLE BAND INSTRUMENTS

By Emily Pogue

It all started in fifth grade when Lauryl Hebenstreit found herself only being able to play the ever-so-popular song, Hot-Cross-Buns, on her flute. Now as a sophomore at Yutan High School, Hebenstreit is able to play any song you put in front of her.

Not only does this talented flutist major in the flute, she also plays the piccolo and trombone.

“In fifth grade they had us try all of the instruments,” Hebenstreit said. “The flute was the only one I could play, so that’s what I chose.”

Hebenstreit has traveled to many honor bands since her freshman year. The most recent was Kearney, on Jan 25, where she was first chair.

“I’ve had a lot of success,” Hebenstreit said. “I wanted to get out of my comfort zone, so I decided to play the trombone for jazz band.”

Learning to play another instrument may take years for many, but for Hebenstreit, learning to play the trombone didn’t take but a few months.

“The trombone is so much different from the flute and piccolo,” Hebenstreit said. “I influenced myself to play the trombone, and I wanted a change.”

Playing multiple instruments can be a benefit to students, according to the band teacher Zach Nathan.

“Think of music like a foreign language and the instrument as a decoder,” Nathan said. “Every instrument is unlocking a new language.”

Not only does playing multiple instruments help you learn, but it also makes you more desirable to colleges.

“The more instruments you can play the more scholarships you will get,” Nathan said. “They will be willing to pay huge bucks for you.”

According to Nathan, Hebenstreit leads herself and others in the band by being a role model and striving to do her best.

“The potential I see in Lauryl are her strong leadership skills,” Nathan said. “Her ability to learn quickly, and her personality make her a model student.”

In the world of music it isn’t just all there on paper for you; sometimes you have to improvise. When your lucky you may even be able to make your own music.

“Playing new instruments and new pieces of music is fun,” Hebenstreit said. “I like to make things more my own though.”

REMINDER  *NO SCHOOL ON MARCH 4TH, 11TH, & 25TH*

BRACES PROVIDE PAINFUL, HELPFUL EXPERIENCE

By Haley Herman

As you turn the pages of your old yearbooks the first thing you notice is your smile.

From one year to the next, your teeth straighten out thanks to braces, the small pieces of metal that make your smile brighter.

Nearly 75 percent of kids and teens have or will need braces in their lifetime. Braces are put on after all permanent teeth have grown in.

The process of braces being put on is quite simple. First the orthodontists clean the teeth and place a thin layer of glue on. Then the brackets are placed on and hardened with UV light to ensure the brackets do not fall off.

With the brighter smile comes pain. Braces are constantly pulling your teeth into new positions, causing pain to occur at the slightest bit of pressure.

“I couldn’t even eat bread the first time I had braces,” sophomore Emily Pogue said.

After getting braces, your mouth has to get used to the new shape, therefore, causing your cheeks and gums to become inflamed. This makes eating an even harder task.

Braces need to be adjusted every three to six weeks to keep the bone from hardening. At every visit the rubber bands are removed and the next stage of wire is put in. This causes the teeth to feel tight all over again, but the pressure usually only lasts a matter of days.

Even within the first hours of the adjusted braces, there are noticeable changes in the shape and position of your teeth and jaw.

Braces are taken off with a reverse UV light that causes the glue to become pliable again. In the end the pain is completely worth it because now you can smile without being embarrassed of what you look like.

Many people are nervous to get braces put on because they are self-conscious of how they look; this is why many students turn to other methods of straightening their teeth. Invisalign are clear plastic trays that slowly move and rotate your teeth without the bulk of braces.

“I chose Invisalign because as a performer braces don’t look good on stage with the lights,” freshman Megan Workman said. Invisalign isn’t a good choice when all the teeth need moved, but it does work for minor tweaking.

While most children have braces put on from the ages of 10-13, many don’t get braces until older ages.

“I’ll have braces in my senior picture, but it’s ok. I’ll just make them (photographers) Photoshop them out,” sophomore Madison Page said.

Over the years, braces have changed tremendously, going from clunky headgear to the choice of transparent braces. These innovations have made getting braces even less of a hassle and some may even look forward to it.

As you close your final yearbook you’re glad you endured the pain of braces because your new smile is well worth it.



OFFICE OF THE SUPERINTENDENT Stan Hendricks

During its February school board meeting, the Yutan Board of Education considered the addition of a vocational agriculture curriculum program and the accompanying FFA program. Over the past several weeks, the foundation of the curriculum program and FFA was presented to Yutan students and community members. The speakers, representing vocational agriculture and FFA from the Nebraska Department of Education spoke on the value of the programs in schools and what the program might look like for Yutan students. Our board had also been presented the proposed budget for starting up a new program. This would include the hiring of an endorsed teacher in vocational agriculture (a requirement) and the curriculum, material and supplies start ups for the classroom and FFA component of the program. This budget was determined to be between \$90,000 and \$105,000 depending on the experience and educational background of the instructor. While the board of education was very encouraged by the prospects of an agricultural education program, the initial start-up cost at this time was a greater commitment to the district's overall expenses and tax commitments than the board felt comfortable making.

Also at the February board meeting, the 2nd reading of a policy that will establish a random drug-testing program for Yutan high school activity participants was approved. The policy directs the Superintendent of Schools to create procedures to carry out random drug testing of high school students involved in competitive activities throughout the school year. Currently, procedures are being developed for this policy to be put in place.



EMERGENCY PROCEDURES FOR YUTAN PUBLIC SCHOOLS

Again, this year Yutan Public Schools is using the School Beacon (School Messaging System). Information concerning early release, late starts, no school or any unexpected changes concerning activities will be transmitted to enrolled parents, through home or cell phone message & e-mail. Parents who wish to sign up for this may go to the school website: www.yutanpublicschools.com All school closings will be posted on the radio stations WOW 94.1 AM, KFAB 1110 AM or local TV stations.

The Yutan School District has developed a School Safety and Security Plan that is designed to minimize danger to anyone occupying a school building should an emergency occur. Our main objective is to attend to the health and welfare of your children in the event of a crisis.

In most emergencies your children will remain and be cared for at the school she/he attends. In the rare event of an emergency affecting the school your child attends that prohibits re-entry to the building (such as a broken gas or water main, a fire or toxic chemical spill), all students will be escorted to the St. John's Lutheran Church. Junior and senior high students may be dismissed to return home for the day. Elementary students' parents will be contacted regarding dismissal procedures.

We ask that you follow this procedure if you hear of any school emergency:

- **TURN ON YOUR RADIO OR TELEVISION.** We will keep the media informed of any emergency and of any dismissal procedures.
- **PLEASE DO NOT TELEPHONE THE SCHOOL.** We have limited phone lines. These must be used to respond to the emergency.
- **PLEASE DO NOT COME TO THE SCHOOL UNLESS REQUESTED TO PICK UP YOUR CHILD AT THE SCHOOL OR DESIGNATED PICK UP AREA.** Any emergency involving your child's school may mean that emergency vehicles and workers must be able to get to the building. If the emergency necessitates relocation of staff and students you will be informed via the media.

If you have any questions regarding this information, please contact Mr. Hendricks, @402-625-2243, Mr. McNamara @402-625-2241 (HS) or Mr. Hoegh @402-625-2141 (ELEM)

